DUO easivits

Description

FOOD FOR SPECIAL MEDICAL PURPOSES

DUO EasiVits are an unflavoured, unsweetened, low carbohydrate, powdered blend of vitamins, minerals and trace elements.

Indications

DUO EasiVits are for the dietary management of conditions requiring restricted therapeutic diets.
Suitable from 3 years of age.

Dosage & Administration

To be determinded by the clinician or dietitian and is dependant on the age, body weight and medical condition of the patient.

Preparation Guidelines

Dissolve each 5g sachet of DUO EasiVits into a minimum of 60ml of water or permitted fluid.

1.



Add a minimum of 60ml of water or permitted fluid into a small screw top beaker (120ml capacity).

2.



Add the contents of the EasiVits sachet.

3.



Secure lid and shake well for 10 seconds.

4.



Consume immediately.

Permitted flavouring or cordial can be added if required.
Screw top beakers are available upon dietitian request.
Natural discolouration of this product will occur after reconstitution.
Always consult your dietitian before using foods, drinks or flavourings.

IMPORTANT NOTICE

Must only be used under strict medical supervision.
Suitable from 3 years of age.
Not for use as a sole source of nutrition.
For enteral use only.

Storage

Store in a cool dry place. Sachets are designed for single use and should be used once opened.
If sachet has been opened then store in an airtight container for 24 hours.
Once prepared, DUO EasiVits should be used immediately.

Pack Size/Weight

5g sachet.
30 x 5g sachet = 150g

Product data for DUO EasiVits originates in England, UK.
Code EV02.01 Mar 26

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Nutritional Information		Per 100g	Per 5g sachet
Energy	kJ	176	8.8
Energy	kcal	42	2.1
Fat	g	0.05	0.0
of which saturates	g	0.05	0.0
Carbohydrates	g	5.4	0.27
of which sugars	g	0.28	0.01
Fibre	g	10	0.5
Protein	g	0.0	0.0
Salt	g	Trace	Trace
Vitamin A RE	ug	10000	500
Vitamin D	ug	300	15
Vitamin E TE	mg	180	9
Vitamin K	ug	940	47
Vitamin C	mg	1000	50
Vitamin B1	mg	20	1.00
Vitamin B2	mg	24	1.20
Niacin	mg	260	13
Vitamin B6	mg	24	1.20
Folic Acid	ug	4000	200
Vitamin B12	ug	56	2.8
Biotin	ug	2000	100
Pantothenic Acid	ug	80	4.0
Sodium	mg	0.62	0.03
	mmol	0.03	Trace
Potassium	mg	Trace	Trace
	mmol	Trace	Trace
Chloride	mg	Trace	Trace
	mmol	Trace	Trace
Calcium	mg	14400	720
	mmol	360	18
Phosphorus	mg	11100	555
	mmol	358	17.9
Magnesium	mg	4300	215
	mmol	177	8.8
Iron	mg	212	10.6
Zinc	mg	160	8.0
Copper	mg	18	0.90
Manganese	mg	20	1.0
Selenium	ug	1000	50
Chromium	ug	360	18
Molybdenum	ug	740	37
Iodine	ug	2200	110
Choline	mg	5000	250

Osmolality: 1 sachet (5g) + 60ml water = 126 mOsm/kg